



Five Feet Under: A Father, a Daughter, and the Struggle to Survive.

Original title: Skredet - ein far, ei dotter og kampen for livet
 Publisher: Samlaget, 2022
 Genre: Narrative non-fiction
 Pages: 181 pages
 English sample

Foreign rights

Danish: Straarup & Co
 Catalan: Símbol Cultural



Bjørn Asle Nord

Five Feet Under: A Father, a Daughter, and the Struggle to Survive.

On March 15, 2017, an enormous avalanche occurred near the mountain Gråskallen in Haugastøl, Norway. A party of six German tourists are out skiing in the area in the midst of a violent storm. Twenty-three-year-old Adina Lange is taken by the avalanche: she lies trapped a meter and a half under the snow and can only move a few fingers inside one mitten.

In *Five Feet Under: My Daughter is Trapped under Five Feet of Snow* the reader accompanies a father in his desperate search for his daughter Adina and her struggle to survive, but also the incredible efforts on the part of both volunteers and professionals who do everything in their power to save the young woman's life.

Five Feet Under is a dramatic and moving story about a fight for survival in the Norwegian wilderness that involved volunteer heroes and highly skilled search and rescue dogs. The very best of Norwegian society is mobilized in the manner of people who step up to help others, who invest their free time and money in saving lives. What were the actual events of the rescue operation in Haugastøl and what were the experiences of all the six skiers? What was the subsequent impact on the lives of the father, the group of skiers, the helpers, and last but not least, Adina?

This is a book you should be proud of. A fantastic story, a good description, a beautiful and captivating read. My dear life-partner is going to read it. You have succeeded in depicting the interaction between volunteers and professionals. You have conveyed the full story and the 'whole picture. Bloody well done!'

The leader of the organization The Norwegian Search and Rescue Dogs, Jim Olav Hansen

There are many books about the worst in human beings. Five Feet Under is a book about the best.

Per Straarup, Straarup & Co Publishing House, Denmark

... a dramatic tale which you must read if you enjoy true stories about real-life heroes. It delves deeply into the network of the volunteer search and rescue corps for which Norway is so famous. This is a network of heroes, who over the past ten years have taken part in the rescue of close to 300 missing persons. These dedicated souls are passionate about the work they do, and without receiving a single dollar in compensation, they also train regularly with rescue dogs, rescue vehicles, and rescue equipment so they are always prepared for the next mission.

Danish Bokblogger

Bjørn Asle Nord

Bjørn Asle Nord works for the Norwegian Broadcasting Corporation (NRK) with digital journalistic climate and nature stories and was a journalist for the newspaper Bergens Tidende for 28 years. Nord is known for both stories and investigative journalism of a very high caliber. *Five Feet Under* started as a successful journalistic work, a multi-award-winning article in Norway, and later published both in German and English. In 2018 it was the fifth most popular story by New York-based Narratively. "Link text":<https://narratively.com/five-feet-under/> His previous book *Gi meg heller livet. (Give me life instead. A documentary about military veterans in Norway)*, co-created with photographer Håvard Bjelland, was published in 2014. Nord lives in Bergen.